

Natural Disasters

Checklist

What is the story and how long do you need to be there to get your story?

Prepare for minimum of 3 days to be able to survive.

More if you are in a country where there is no resupply route.

Think hostile camping!

Be prepared

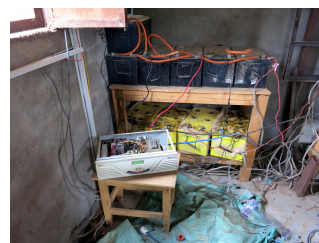
Bags

2 x North Face type of large waterproof bags
Ortlieb bags to put kit in if there is risk of rain and floods
Ensure they have straps so you can carry as rucksacks

Logistics

Ensure you have considered the following:

Food and water (how will you get clean water?) for duration of
Your story
Money (cash \$100,000?)
Power ?
Generator and fuel
Surge protector to protect electrical equipment when plugged into the generator.
Shelter – tent and mosquito nets etc
Communications for transmission of story – Bgan, Sat dish
Satphones for safety and organizing logistics
Transport
Resupplies – how?
Medical kit – for personal use and team use
Appropriate clothing and foot wear
Toilet facilities
Translator/interpreters
Local guides
List of contacts (with addresses if their mobiles don't work so you can visit them)
Solar power source
Evacuation plan
Can you embed with an agency to use their logistics?



Kit list

Personal equipment

Purify water - filter/puritabs/bottle
Puritabs to purify water (iodine and chlorine)
Mosquito nets and tape for if they get ripped
Gaffa tape/black masking tape
Sleeping bag or liner

Soap, wet wipes, hand sanitiser
Tooth brush/tooth paste
Mosquito repellent
Sunglasses and hat with neck protector
Sun-protection and lip salve
Maps and compass
Lonely planet/travel guides
Plastic bags and containers
Large black bin liners for rubbish
Toilet rolls
Sanitary pads for ladies
Portable alarm/panic alarm plus wedge for door
Cheap reliable wristwatch
Door wedges
Cheap unlocked phone and phone charger –use local sim
Plug for basin
Small towel – quick dry
Travel plug adapter/surge protector
Head-torch/spare batteries/spare bulbs
Padlocks for bags – combination in case you lose key
Moneybelt/Pacsafe
Jewellery/wedding rings – sentimental items, leave at home
Baby wipes
Handkerchief to wipe sweat
Swiss Army knife/multi tool
Flip flops for use in any shower facility
Whistle to attract attention
Feminine supplies and personal hygiene items
Spare glasses if you wear contact lenses or glasses
Menthol rub to put under your nose (masks smells)

Kit List

Medical equipment/trauma and pills and lotions – as you require. Please get in touch for a more detailed list info@rpspartnership.com



Personal Protective Equipment

Safety footwear (steel toes caps / rugged / ankle protection etc) if working with embedded agencies

Paper mask/dust masks

Gloves

Protective glasses/safety glasses

Hard hat/helmet/safety headgear

Menthol vapor rub (to mask smells)

Coveralls

Gloves to protect your hands on rubble and sharp objects etc

Some form of I.D. as in hi-viz vest / surcoat / bib (stating Media / TV etc, possibly with country?)

Possibly Tyvec suit (the white 'paper' looking ones most agencies use)?

Camping equipment

Water x 6 litres per day (drinking 3 litres, cooking and cleaning 1 litre, dishwashing 1 litre, washing 1 litre)

Tents x however many people there are

Mosi nets

Sleeping bags and Liners if hot

Sleeping mats/matresses

Cooking stoves

Freeze dried food/boil in bag – enough for duration and extra for if you are stranded

Water puri tabs and bottles

Cooking utensils (saucepans and spoons)

Spork(fork and spoon in one)

Penknife/multi tool

Cup/mug

Bottles for water

Large water carriers for dirty water and clean water

Large water carrier which you can use for showers

Shovel to dig out latrines

Soap and scrub brush for communal use to clean hands before eating

Something to sit on (small camping stools – if there is excrement/dirt on the ground)

Washing line

Large flashlight with spare batteries

Garbage bags

Manual can opener

Solar charger

Water proof matches

Fire extinguisher

Candles and lights for tents (and spare batteries)

***Be prepared
Buy it now and store....
Disasters need to be prepared for
Ensure you know how to use all this equipment
Don't do everything last minute !!!***