



HYBRID  
HOSTILE  
ENVIRONMENT  
FIRST AID  
TRAINING

# HEAT UK INFORMATION

IN COLLABORATION  
WITH

**COURSE DATES:**  
7 - 8 July 2022





Silk Road Training was set up to provide a powerful hostile environment learning experience that can help to raise global safety standards and develop the skills of everyone living and working in hostile environments. We provide online, 360 degree and physically immersive courses that make life-saving hostile environment skills accessible to all. You are very welcome to get in touch at any point with any questions or queries. We can be reached on [chris@silkroadtraining.international](mailto:chris@silkroadtraining.international) / [grant@silkroadtraining.international](mailto:grant@silkroadtraining.international).

## THE APPROACH

This course will comprise 2 phases. The first phase is self led online content. This uses video content, interactivity and 360° media to introduce key first aid and security information and skills. The second phase is a high impact two day training course where you will get the opportunity to apply and practice your skills in a face to face setting and within challenging training scenarios.

## THE PROPOSITION

The training will take place at The Granary, Pippingford Park, East Sussex, TN22 3HW. Here we have a purpose built classroom area and access to over 500 acres of training area for extensive and wide ranging scenario based training. There is no better venue for conducting this form of training. As well as being beautiful, it is a space where we can use high end pyrotechnics and conduct in depth and realistic simulations in privacy and safety.

Our training rooms are built from local timber by local craftspeople, and have integrated high speed fibre wifi, as well as underfloor heating, a private kitchen area and adjacent shower and WC areas.

## DAY 1: FIRST AID

- Situation & Casualty Assessment
- Catastrophic Bleeding
- Airway Management
- Basic Life Support (CPR)
- AED
- Secondary Assessment
- Chest Injury
- Abdominal Injury
- Fractures including Head and Neck Injury
- Burns
- Travel and Environmental Emergencies
- Road Traffic Collision

## DAY 2: THE FRONTLINE

- Preparing for the Frontline
- Borders & Vehicle Checkpoints
- Situation Awareness
- Ballistic Awareness - Small Arms & Heavy Weapons
- Reaction to Gunfire including terrorism or active shooter
- Landmine
- Explosive Remnants of War & Improvised Explosive Devices
- Avoiding & Surviving Kidnap
- Public Disorder

All subjects delivered using practical skills workshops and immersive simulation exercises.

## TIMINGS

0830

Meet at The Granary, Pippingford Park

1230

Lunch (1 hour)

0900

Training Start Time

1830

Training Finish Time (approximate)



## SAFETY

We take safety seriously. Our practitioners are experts in their fields and all activities are risk assessed. The course will require physical activity on rough, uneven terrain. At times, the content will include simulated wounds and injuries and refer to real live first aid and security incidents that may be distressing. If there are any injuries, physical conditions or previous incidents that you believe the training team should be aware of, please let the trainers know on the day or notify us in advance.

## CLOTHING AND EQUIPMENT

- Supportive footwear suitable for moving over rough outside terrain
- Clothing that enables you to move, that will provide protection from the weather
- Face mask
- Personal Medication
- Sun Protection (hat / sunglasses)
- Water bottle
- Fake blood is used and may get on clothing in first aid simulations. This is washable

## THE COSTS

- The course fee is £750
- The course requires 6 participants to run. If this number is not reached the course will be postponed 7 days in advance with full refunds

## CATERING

Lunch will be provided for all course participants at the training venue. Drinks and snacks will also be provided throughout the day.

## ACCOMMODATION

There are a range of accommodation options within the local area. We recommend the following:

- The Roebuck, Wych Cross +44 (0) 1342 823811

Silk Road Training can provide shuttles to and from your accommodation on request.

## MEETING POINT

The course will meet at 0830 on the 7 July at The Granary, Pippingford Park.

## CONTACT

For any queries or issues please contact [chris@silkroadtraining.international](mailto:chris@silkroadtraining.international) or [grant@silkroadtraining.international](mailto:grant@silkroadtraining.international).